BOY MEETS GIRL

BOY LOSES GIRL, BOY BECOMES YOUTUBE SENSATION {page 15}

MILEY'S INK

IT'S A FAMILY AFFAIR

DISH {page 19}

TORONTO metro®

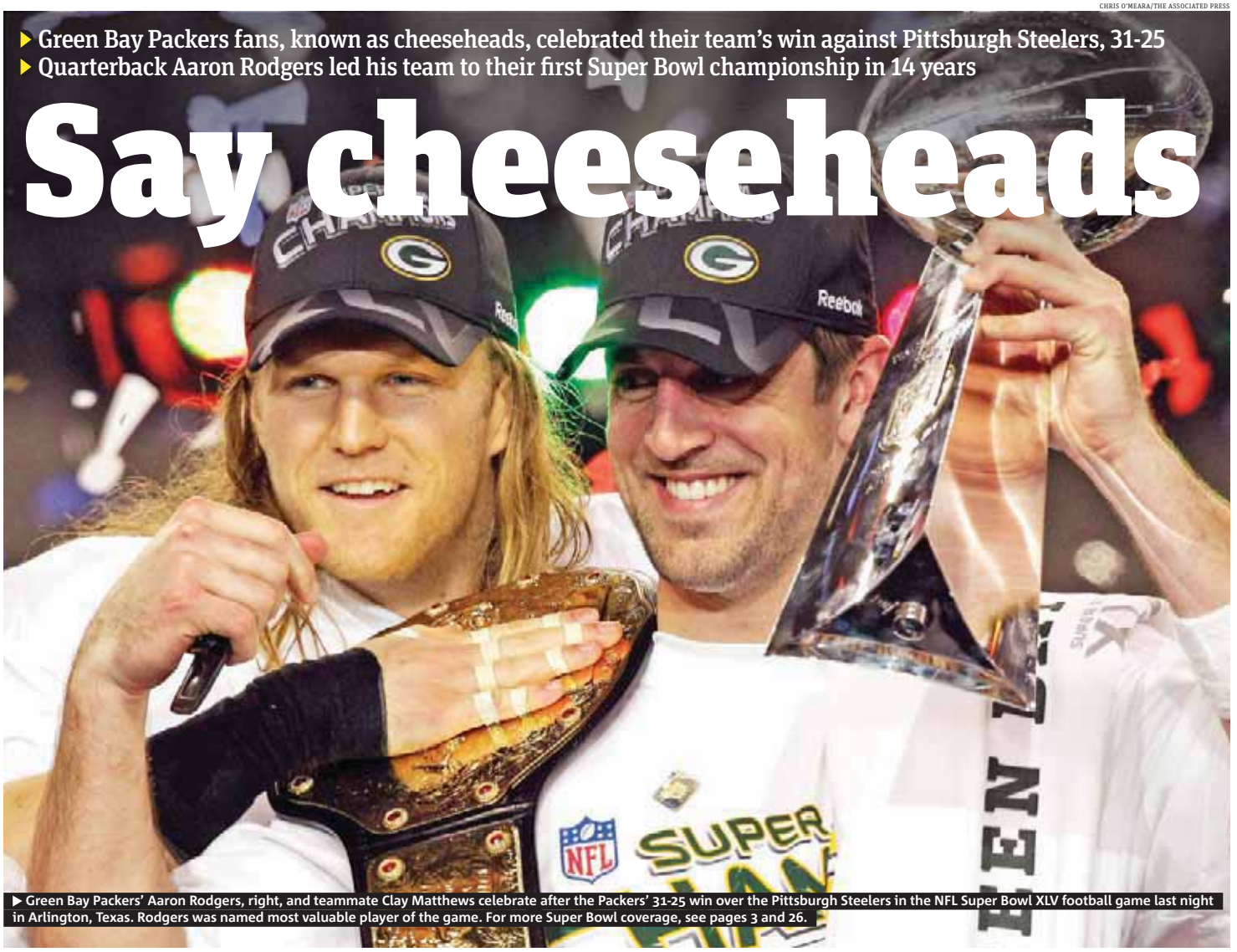
Monday, February 7, 2011
www.metronews.ca

News worth sharing.

CHRIS O'MEARA/THE ASSOCIATED PRESS

- Green Bay Packers fans, known as cheeseheads, celebrated their team's win against Pittsburgh Steelers, 31-25
- Quarterback Aaron Rodgers led his team to their first Super Bowl championship in 14 years

Say cheeseheads



▶ Green Bay Packers' Aaron Rodgers, right, and teammate Clay Matthews celebrate after the Packers' 31-25 win over the Pittsburgh Steelers in the NFL Super Bowl XLV football game last night in Arlington, Texas. Rodgers was named most valuable player of the game. For more Super Bowl coverage, see pages 3 and 26.

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Super Bowl. Revelry

▶ Football fans Ryan McLean, left, Andrew McNair, Daniel George, Rick Yu and Eric Fysh — decked out in their Green Bay Packers hats and red shirts from Budweiser — cheer for their team during the Super Bowl last night at Hoops Sports Bar on Yonge Street.

JOHN R. KENNEDY/FOR METRO

It's the most wonderful time of the year ... for football fans

'The NFL is in high demand here'

Fans have their say on bringing a team north of the border to Toronto

MATTHEW LOPES
TORONTO@METRONEWS.CA

On Super Bowl Sunday, Metro asked Toronto football fans to weigh in on having an NFL team touch down in the city.

"It would be fantastic, of course … I don't see how it could be anything but exciting," said Terence Gowan, who was taking in the big game at Jack Astor's near Yonge and Bloor.

"I think it would be great to have a team in Toronto," agreed Dave Allen. "Canada deserves a team and Toronto would be the best place."

Toronto football fans have had a taste of the NFL with the Buffalo Bills playing three regular-season games at the Rogers Centre, but a Toronto team is still the ultimate goal for many.

"We have a passion for football in this city … the NFL is in high demand here," Allen said at Jack Astor's.

Kevin Boomer is a fan of the NFL, but doubts Toronto would be able to support a team. "Unless we win right out of the gate, Toronto won't support a team that loses, except the Leafs," he said at Spirits Bar & Grill on Church Street.

But if the NFL were to come north of the border, what would become of the CFL?

"The CFL is a good league, but it's definitely not the NFL — the NFL is the cream of the crop," said Allen.

Boomer said if an NFL team was to thrive in Toronto, the Argos would be an unfortunate casualty.

"They would eventually disappear, which is a shame. They're a great team with a lot of history."

History

It's been a dream for many Toronto sports fans to have an NFL team they could call their own. Here's a brief history of the NFL in T.O.:

▶ **2011** Mayor Rob Ford tells Toronto media that he plans on bringing an NFL team to the city.

▶ **2008** The first NFL regular-season game kicks off on Canadian soil at the Rogers Centre, with the Miami Dolphins beating the Buffalo Bills 16-3.

▶ **1960** The first NFL exhibition game is held in Toronto with the Chicago Bears beating the New York Giants 16-7.

▶ **1959** At Toronto's Exhibition Stadium, an interleague game between the Toronto Argonauts and the Arizona Cardinals results in an Argos loss, 55-26. The match was played with CFL rules in the first half and NFL rules in the second.

Fish in troubled water may hold clues to alcoholism

Can slightly drunk fish help scientists learn how to treat alcoholism in humans?

Robert Gerlai, a professor at the University of Toronto's Mississauga campus, thinks they can.

Gerlai, who holds a PhD in biology, specializing in behavioural genetics, said little zebra fish grown from eggs in water laced with ethyl alcohol could even hold secrets to treating children with fetal alcohol syndrome.

"The ultimate goal is to understand how alcohol alters brain function in vertebrates (including humans), which will eventually lead to a better understanding of alcoholism, alcohol abuse, all kinds of problems and perhaps better treatment, eventually," he said.

"The more alcohol we give (the fish), the more anti-social they become as adults."
PROF. ROBERT GERLAI

"Because once you understand the neurological and biological mechanisms of alcohol abuse, you can target particular molecular pathways and biochemical mechanisms and develop pills or other treatment solutions."

It's a roundabout way of saying that some fish show similar reactions to alcohol and may point to solutions in humans.

"So these fish grow well ... They reach adulthood and look absolutely fine. But when we give these fish behavioural tests, they become anti-social," Gerlai said.

That is abnormal, because zebra fish are highly social and form groups much more tightly than other fish.

"(Alcohol) changed their social skills, which resemble what you find in mild fetal alcohol syndrome in humans." TORSTAR NEWS SERVICE

1 news

News on the move

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Fire. Damage

▶ Firefighters are seen in the aftermath of a house fire in Oakville that sent seven people to hospital early yesterday morning.

CARLOS OSORIO/TORSTAR NEWS SERVICE

Vacationers' house burns down

An Oakville couple who left for vacation Friday will return to a home that was devastated by fire early yesterday. Neighbours said one of Helen and Brian Gore's sons was house-sitting for his parents, away in England, when the fire broke out at 1479 Devon Rd., around 6:30 a.m. Fire officials said seven people in their late teens or early 20s were taken to hospital. Two were upgraded from critical to serious condition later in the morning.

Deportation or death sentence?

- **Deported woman's husband served five months in jail and was sent back to Portugal for beating her**
- **She says he has threatened to 'finish what he started'**

Canada has ordered a battered wife deported to Portugal where she fears her abusive husband will kill her.

"They might as well start building my coffin now," Liliana Fontes, 25, said in a recent interview. She has lived in Canada for several years and was hoping to make a life here.

Fontes, who will have to take her ailing, two-year-old son with her to Portugal, must appear before immigration officials Wednesday to learn her departure date.

"I'm not saying he'll be waiting for me at the airport, but if I go back to my home village, I know he will track me down and kill me." LILIANA FONTES

Her common-law husband, Mario Fonseca, was recently convicted of beating her with a beer bottle and obstructing justice by trying to coerce her to tell the judge she was lying. Other charges, including sexual assault and threatening death, were withdrawn as part of a plea bargain.

An immigration official has heard Liliana Fontes' story and determined she is not in danger. Wednesday, Fontes hopes she will get another chance.

In one document presented at her hearing, Parkdale Community Health Centre doctor Jill Blakeney warns, "I would be very concerned for (Liliana's) and Thiago's well-being if this man remains a threat to them and they were to be returned to Portugal."

TORSTAR NEWS SERVICE

WELFARE

Cards may replace cheques

Toronto has taken a first step toward replacing welfare cheques with reloadable electronic cards similar to debit cards, a move that would allow thousands of welfare recipients to avoid payday lenders' high cheque-cashing fees.

Welfare cards have been adopted in several U.S. states but they have occasionally generated controversy: American politicians such as former California governor Arnold Schwarzenegger have sought to prohibit their use in certain places, such as casinos and tattoo parlours, prompting anti-poverty groups to argue that the cards should not be treated as a way of monitoring or controlling the behaviour of the poor.

Toronto employment and social services general manager Heather MacVicar said Canadian privacy law precludes such restrictions.

TORSTAR NEWS SERVICE

Layton rings in new year

Federal NDP Leader Jack Layton helped celebrate the Chinese New Year by handing out "lucky money" in Toronto's East Chinatown yesterday.

Joined by NDP MPP Peter Tabuns, Coun. Paula Fletcher and others, Layton handed out red envelopes — each containing a chocolate dollar — to shopkeepers, hair salon workers and pedestrians.

THE CANADIAN PRESS

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News in brief

Spies told to be more discreet

CSIS. Canadian spies are being warned not to wear their loyalty on their sleeve — or their wrist or lapel.

The reminder to employees of the Canadian Security Intelligence Service advises keeping polo shirts, watches and pins emblazoned with the CSIS crest away from curious eyes. The items are sold in a secret shop at CSIS headquarters in Ottawa. **THE CANADIAN PRESS**

Pardons may get trickier

CRIMINAL RECORDS. Proposed changes to restrict criminal pardons would exclude almost one of every four currently eligible applicants, newly released statistics indicate.

When combined with a planned quadrupling of the application fee, plus new rigour in background checks, so-called "criminal record suspensions" are likely to become far more difficult to obtain. **THE CANADIAN PRESS**

Man accused of murder in court

KIDNAPPING CASE. The case of the man accused of first-degree murder and kidnapping in the death of Grade 3 student Tori Stafford will be in court today.

Michael Rafferty's case will go before a judge for pre-trial motions in Woodstock, Ont.

Tori was abducted April 8, 2009.

THE CANADIAN PRESS

Quebecers don't need Bill 101, says MP

Scan code for story.

Report slams Canada's hired guns in Afghanistan

An estimated 40,000 armed security contractors operate in the country ● President Karzai orders them out last fall ● But worry about how aid, development groups will protect themselves forces him to back down

Canada spent more than $41 million on hired guns in Afghanistan over four years, much of it going to security companies slammed by the U.S. Senate for having warlords on the payroll.

Both the Defence and Foreign Affairs departments have employed 11 security contractors in Kabul and Kandahar since 2006, but have kept quiet about the details.

Now documents tabled in Parliament at the request of the New Democrats provide the first comprehensive picture of the use of private contractors, which have been accused of adding to the chaos in Afghanistan.

The records show Foreign Affairs paid nearly $8 million to ArmorGroup Securities Ltd., recently cited in a U.S. Senate investigation as relying on Afghan warlords who in 2007 were engaged in "murder, kidnapping, bribery and anti-coalition activities."

The company, which has since been taken over by G4S Risk Management, provided security around the Canadian embassy in Kabul and guarded diplomats.

Foreign Affairs said it has no concerns about the record of the ArmorGroup's new owners and noted the company had signed on to a non-binding international arrangement of best practices for armed contractors.

THE CANADIAN PRESS

ALLAUDDIN KHAN/THE ASSOCIATED PRESS

▶ An Afghan policeman stands guard next to an American armoured military vehicle Friday in Kandahar, Afghanistan.

CIDA's approach

The Canadian International Development Agency, which delivers aid projects in Afghanistan, said it does not employ security companies, but agencies that it hires to deliver programs do.

- **One of those contractors,** SNC Lavalin, hired the Watan Group to guard one of Ottawa's signature development projects, the Dahla dam.
- **The company,** owned by relatives of President Karzai, was recently blacklisted by the U.S. military.
- **The federal government** has no overall policy or legislation to govern the use of hired guns — unlike other countries, notably the United States, which has imposed strict accountability guidelines on its contractors.

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Gordie Howe a bridge between Canada and U.S.

Michigan legislators mull idea of naming new bridge after hockey star An icon in Detroit and Windsor

The son of hockey great Gordie Howe is all in favour of naming a new bridge linking Windsor and Detroit after his father.

After all, Marty Howe notes, the legendary Detroit Red Wings right-winger himself is a bridge between Canada and the U.S.

"It would be a nice honour to have the new bridge named after Gordie as he was born in Canada," Marty Howe wrote in an email.

"He crossed the bridge on his way to Detroit to start his long lasting hockey career."

Another reason: Howe's "love" for the people of Detroit, he said.

TROY FLEECE/THE CANADIAN PRESS

▶ Gordie Howe

The proposed crossing would be the second bridge linking the two cities.

Canada has signed off on the project, while Michigan legislators are still debating its merits.

The idea of naming the crossing after the Stanley Cup winner came from David Bradley, president of the Ontario Trucking Association, who has lobbied for the project.

Bradley, a keen hockey fan, floated the name at hearings in Lansing, Mich., last summer.

"We were trying to think about the things that Windsor and Detroit and Canada and the U.S. have in common, and Gordie Howe sort of came to mind," said association spokesman Doug Switzer.

"We could think of no better ambassador for joint Canadian-U.S. co-operation than Gordie Howe."

THE CANADIAN PRESS

Student dies in frat house shooting

Authorities in northeast Ohio say a shooting at a fraternity house just north of the Youngstown State University campus killed one student and wounded 11 people, including six students.

Youngstown police Lt. Franklin Palmer said the shooting happened during a party early yesterday and no arrests have been made, but police have at least one suspect.

The Mahoning County coroner's office identified the dead student as 25-year-old Jamail E. Johnson and said he was shot in the head and legs.

THE ASSOCIATED PRESS

Ice. Fishing

▶ Ice carver Hideshi Terada positions an ice fish yesterday with help from his teammate on their ice sculpture during Winterlude festivities in Ottawa.

PAWEL DWULIT/THE CANADIAN PRESS

Winter festival heats up

Winterlude, the 18-day winter festival in Canada's capital, kicked off Friday night. Activities include photo exhibits on national historic sites, national parks and national marine conservation areas, workshops on the pleasures of winter, interpretive activities on the Rideau Canal, short films, artistic performances and a giant centennial snow sculpture.

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Police step up search for twins

Swiss authorities alert European police after girls went missing

Police in Italy, Switzerland and France searched yesterday for six-year-old twin girls who disappeared after their father died in an apparent suicide.

The body of Matthias Kaspar Schepp, 43, a Canadian-born resident of Switzerland, was found by a railway station near the southern Italian port city Bari shortly before 11 p.m. Thursday, according to Swiss police in the canton (state) of Vaud.

Authorities believe Schepp, who was separated from his wife, threw himself under a train. Police in Switzerland, Italy and France are searching for the twin girls, Alessia and Livia, who lived in Lausanne with their mother, Irina Lucidi, 44.

According to Italian news reports, Schepp picked up his daughters from their mother's home on Jan. 28 for the weekend.

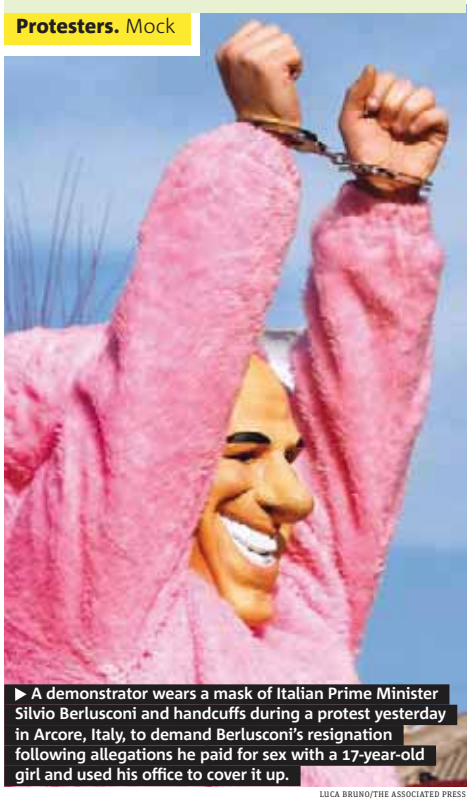
Swiss police say Schepp, rather than returning the girls to their mother, took them when he left his home in St. Sulpice, a suburb of Lausanne, on Jan. 30.

THE ASSOCIATED PRESS

FORESTRY POLICE/THE ASSOCIATED PRESS

▶ Twin girls Alessia, left, and Livia Schepp.

Protesters. Mock



▶ A demonstrator wears a mask of Italian Prime Minister Silvio Berlusconi and handcuffs during a protest yesterday in Arcore, Italy, to demand Berlusconi's resignation following allegations he paid for sex with a 17-year-old girl and used his office to cover it up.

LUCA BRUNO/THE ASSOCIATED PRESS

Protests at PM's villa

Critics of Italian Prime Minister Silvio Berlusconi staged a protest near his Milan villa, some wearing masks of the leader while others shouted slogans against him. Berlusconi is under investigation on suspicion he had sex with a 17-year-old Moroccan girl and used his office to cover it up. He denies wrongdoing. Prosecutors have focused on Berlusconi's villa in Arcore, just outside Milan, where he reportedly throws wild parties with young women. During yesterday's protest in Arcore, some wore masks of Berlusconi's grinning face covered by underwear. Some protesters reportedly tried to approach Berlusconi's villa but were stopped by police.

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Market moment

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+ 0.26¢ (101.17¢ US)	$4.310 (– 2.7¢) Gold contracts $1,349.00 (– $4.00)	– $1.51 ($89.03 US)	– 49.5 13,791.85

Mideast unrest has all eyes on oil

The tone on the Toronto stock market this week will likely be set by the commodity sectors amid volatile oil prices because of unrest in Egypt and surging copper prices.

In a week of little new economic data, investors will also be looking to a string of earnings reports from Canadian and U.S. corporations.

Oil prices moved up as much as seven per cent last week, closing as high as $92 US as traders worried the Suez Canal could be shut and that the political unrest could spread to other oil-rich countries in the region.

But there are doubts those levels can be sustained.

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45	$18	$26	$38	$14	$18	$27
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Is Egypt's crisis just the beginning?

AMR NABIL/THE ASSOCIATED PRESS

▶ An Egyptian vendor stands in front of a closed currency exchange office yesterday in Cairo.

Prolonged instability in Middle East could jeopardize economic recoveries in the U.S. and Europe

The turmoil in Egypt is causing economic jitters across the globe, pushing up food and oil prices so far, but bigger worries are ahead.

Will popular uprisings and revolution spread to Egypt's rich autocratic neighbours, managers of much of the world's oil supply? Will the U.S. see its influence in the region decline and that of Iran and other fundamental Islamic governments surge?

While those are open questions, there's no doubt the crisis has meant new risks for shaky economies and put a cloud over financial markets.

"If the turmoil is contained largely to Egypt, then the broader economic fallout will be marginal," said Mark Zandi, chief economist at Moody's Analytics. "Now, obviously, if it spills out of Egypt to other parts of the Middle East, the concern goes to a whole other darker level."

THE ASSOCIATED PRESS

Olive branch

Egypt's vice-president met a broad representation of major opposition groups for the first time yesterday and offered new concessions. They include:

- **Freedom of the press.**
- **Release of those detained since anti-government protests began nearly two weeks ago.**
- **The eventual lifting of the country's hated emergency laws.**
- Two of the groups that attended the meeting said this was only a first step in a dialogue that has yet to meet their central demand — the immediate ouster of longtime President Hosni Mubarak.

Nasdaq service compromised

Hackers broke into a Nasdaq service that handles confidential communications for some 300 corporations, the company said Saturday — the latest vulnerability exposed in the computer systems on which Wall Street depends.

The intrusions did not affect Nasdaq's stock trading systems and no customer data was compromised, Nasdaq OMX Group Inc. said. Nasdaq is the largest electronic securities trading market in the U.S., with more than 2,800 listed companies.

A federal official told The Associated Press that the hackers broke into the service repeatedly over more than a year. Investigators are trying to identify the hackers, the official said. The motive is unknown. The official spoke on condition of anonymity because the inquiry by the FBI and Secret Service is continuing.

The targeted service, Directors Desk, helps companies share documents with directors between scheduled board meetings. It also allows online discussions and web conferencing within a board. Since board directors have access to information at the highest level of a company, penetrating the service could be of great value for insider trading.

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CAROLYN MORRIS

After cycling from Toronto to the West Coast and back, then sailing from Scarborough to Iceland, K.C. Maple was having trouble adjusting to the confined life within the tall towers of Toronto.

That was until he found a job that let him climb to the top and dangle off of them. For the past two and a half years, the 24-year-old has washed the windows of Toronto's highrise buildings. It was on the way to a native sun dance ceremony that the part-Swede, part-aboriginal met a man who cleaned windows for a living.

"That was the pivotal point that brought me into the joy of this business," he says. He is sometimes afraid, but mostly he enjoys the thrill of being up so high. And the money is good.

"It's great to be paid to go out there, have a little danger and have some fun," he says. "I've always wanted adventure, excitement, physical danger."

Maple spends his days speeding up elevators with 250 feet of ropes draped over his shoulders, then lowering the rope down the side of buildings and repelling on a small plywood seat, holding a couple of squeegees, a suction cup to help him keep close to the windows and a five-gallon bucket filled with water and dish soap.

It's great exercise, especially pulling the ropes up at the end of the day — "From a fitness standpoint, you've got a lot of reps," he explains.

Instead of feeling trapped within the walls of a crowded city, he feels liberated in scaling them.

"I love the peace out there — on the outside of the building. You're not inside the fishbowl."

And what he finds on the highrise windows, besides layers of dust, bird feces and grease from unburned fuel, is an urban ecosystem. There are spiders, birds of all types and far too many midges for his liking — a midge can leave a long streak on a window if it gets caught between the squeegee and the glass.

Even the peregrine falcon at Yonge and Eglinton has warmed up to him.

Then, of course, there's the life on the other side of the glass. Maple tells me that despite what people might imagine, he isn't usually looking through the glass, but at it. Sometimes, though, he will be distracted by a stunning condo interior, or a cluttered one. Other times, people will wave to get his attention.

"I have people showing me their babies a lot," he says. But really, he admits, they're probably showing their babies the window cleaner.

I ask him how long he thinks he will do this job.

"Until I can come down," he says, referring to his passion for the work.

"I can't see myself doing anything else."

Contact Carolyn Morris at urbancompass@metronews.ca

Cartoon

MICHAEL DE ADDER

Celebrating celebrities

Letters & Tweets

Re: Celebrate Pay A Compliment Day (Feb. 6) by saying something nice about a celebrity you don't like.

@buzzbishop: I'd like to thank Speidi for showing true love knows no bounds when it comes to manufacturing news headlines.
@kimbowie: I think that Lindsay Lohan is probably a really gifted, if misunderstood, linguist.
@piccolacinzia: Nice thing about celebrities is they are keeping a lot employed in medical field due to their concerns about how they look!
@ken_donnelly: Paris Hilton has never picked her nose at our dinner table.
@dizzypuma: Hmmm, this one's tough. Paris, even though you've been through so many crazy scandals ... I still like your hair ... #benice.
@heatbagger: Paris Hilton, I really love how smart you are. You are brilliant.
@nsexport: Let's see, say something nice!! Oh, Mr. Bieber, I don't think it's ridiculous you have a movie about yourself already at 16.
@deasmom: I'm glad Justin Bieber isn't touring to #yyc very nice.
@ajproc: Ricky Gervais is not the most annoying and unfunny comedian in the world !!
@johnnynovak: Charlie Sheen I loved your performance in Ferris Bueller's Day Off! Love, Johnny.

Nice glasses

THE ASSOCIATED PRESS FILE

What buzzword would you like to see banned?

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Metro Minute at Steam Whistle tour

After the abuse you heaped on your internal organs last night, beer may be the last thing you're thinking about right now.

So perhaps it's safe to assume that your after-work plans didn't previously include a tour of the Steam Whistle Brewery at 255 Bremner Blvd.

Though it lacks the tenure of, say, Molson, the Toronto-based microbrewery has produced a winning pilsner, gathering a Golden Tap award in 2004, and generating a legion of loyal fans amongst free alternative daily readers.

If you're able to formulate a clear thought amidst your wing and nacho haze, chew on this: It's probably their slowest day of the year today, which only means more beer for you.

JORDANA DIVON

TORSTAR NEWS SERVICE FILE

▶ A tour at the Steam Whistle Brewery includes fun souvenirs, lots of sweet, frothy nectar, and, oh yeah, information and stuff. Sign up at steamwhistle.ca.

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▶ Actor Jason Biggs, left, jokes with actresses Sarah Chalke, centre, and Judy Greer, about their new show Mad Love during a recent press tour.

Rom-coms set to take over the tube

Sorting out the glut of new romantic comedies that will hit the air in the coming weeks

The TV listings are jammed with new romantic comedies (or "rom-coms") set to air in the coming weeks.

The tricky part will be telling them apart. Here's a handy guide.

Perfect Couples
(Thursdays on NBC and Citytv)

Premise: Three couples, all very different, strive for the perfect relationship. None come close.

Stars: Kyle Bornheimer (Worst Week), Christine Woods (FlashForward), Olivia Munn (Attack of the Show!) and Mary Elizabeth Ellis (It's Always Sunny in Philadelphia).

From: One of the executive producers behind Friends, Scott Silveri, who has more or less crammed new actors into old Friends characters and situations and done away with the studio audience.

Distinguishing feature: A fourth couple features a "Bro-mance."

Mad Love
(Premieres tonight on CBS and CTV)

Premise: A comedy about two New Yorkers who fall madly in love and their mutual best friends who despise each other (for now).

Stars: Jason Biggs (the American Pie movies), Sarah Chalke (Scrubs), Tyler Labine (Reaper) and Judy Greer (already a rom-com regular).

Distinguishing feature: Has the most Canadians in the cast (Chalke and Labine).

From: Brother and sister Matt and Jamie Tarses; Matt was a producer on Scrubs, Jamie is a former network executive who helped champion Friends (and is also among the producers of Happy Endings, below).

Happy Endings
(Coming in April on ABC)

Premise: According to the trailer, "a classic story of boy meets girl, boy loses girl to guy on roller blades, boy becomes biggest YouTube sensation since kitten stuck in tuba." A woman ditches a groom at the altar but both remain tight among their posse of six friends.

Stars: Canadian Elisha Cuthbert (24) and Zachary Knighton (FlashForward), Casey Wilson (Saturday Night Live) and Damon Wayans Jr. (son of Damon Wayans, who will guest star).

From: Tarses and newcomer David Caspe.

Distinguishing feature: The only one of these rom-coms with a person of colour in the cast.

Greatest advantage: Unlike the other two, guaranteed to still be around in April.

THE CANADIAN PRESS

2 scene

Awards

The sci-fi smash Inception and the Facebook drama The Social Network took top screenplay honours Saturday night at the Writers Guild Awards. Inception writer Christopher Nolan, pictured, won for best original screenplay and The Social Network writer Aaron Sorkin won for best adapted screenplay. The awards were handed out by the Writers Guild of America in simultaneous ceremonies at the Renaissance Hollywood Hotel in Los Angeles and the AXA Equitable Center in New York.

THE ASSOCIATED PRESS

Ed Asner happy to bring his 'crab element' back to series TV in CMT's Working Class

TV picks

Sunny side up

COMEDY. Ottawa-raised actor Matthew Perry returns to TV tonight in the new series Mr. Sunshine. The former Friends star executive produces and stars in the show as Ben Donovan, manager of a San Diego sports arena. He's fretting over his 40th birthday in this debut episode. (CTV)

Beals vs. crime

DRAMA. Another familiar face, Jennifer Beals (Flashdance, The L Word), also returns to TV tonight with the new crime drama The Chicago Code. She stars as Teresa Colvin, Chicago's first female police superintendent. (Global, Fox)

Spotlight on...

DOCUMENTARY. Yesterday would have been Ronald Reagan's 100th birthday, and to mark the occasion, HBO Canada is airing a new documentary on his life. Reagan uses rare and archival footage to examine the career and impact of the actor-turned-40th U.S. president. (HBO Canada) **THE CANADIAN PRESS**

Criminal style, colourful career

Vangsness speaks about her hit show Criminal Minds

NED EHRBAR
SCENE@METRONEWS.CA
METRO WORLD NEWS IN LOS ANGELES

SUBMITTED

▶ Kirsten Vangsness plays technical analyst Penelope Garcia on Criminal Minds, now in its sixth season.

A veteran theatre actress, California native Kirsten Vangsness got her first big television break in 2005 with Criminal Minds, the FBI procedural on which she plays eccentric, and eccentrically dressed, technical analyst Penelope Garcia.

She spoke with Metro about wardrobe choices, watching herself on screen and picking up guest stars at the gym.

Where did your character's eccentric wardrobe come from?

I dress a little odd, and I think they thought, "Oh, you can kind of pull that off." If you look at the first couple of episodes of the show, it was pretty calm, and then it gets crazier because she can kind of pull it off and we have good fun. Definitely it's the costume designer. I can pull it off because in real life, I am perfectly comfortable wearing stuff like this.

You've had some great guest stars playing psychopaths on the show, like Tim Curry.

Speaking of Tim Curry, he was at my gym and I was working out one day — this is really how this happened — I'm working out, doing something horrible, I don't know, involving my abdominal muscles, and I hear, "I worship at your throne." (laughs) And I'm like, "I know that voice," and I look up and it's Tim Curry. He's like, "I'm Tim. I want to be on that show," and I was like, "Okay ..." And I go to work and I'm like, "Tim Curry wants to be on our show." And they're all, "What? Oh, my God!" I see him at the gym now all the time. He calls me his agent. And it is the weirdest thing. There's Tim Curry, doing his bicep curls or something.

Do the scripts leave much room for improvisation?

I know how she talks, so I'll go to them and be like, "I want to do this instead of this," but now they're really used to it. So we do a nice little exchange of stuff. I get to do a lot more because I'm in that room by myself, so no one is relying on me. I think collectively when we work on a scene, like a group scene, these are the lines on the page, and then as you're going along, you sort of get massaged into this thing. "You take this line, I'm going to take this line" and "This makes more sense." There's not a lot of ego.

The show's been going for six years now. How long do you ideally see it going?

As long as it feels fun and as long as these people are here with me to do it. That's my answer.

Teresa Kruze
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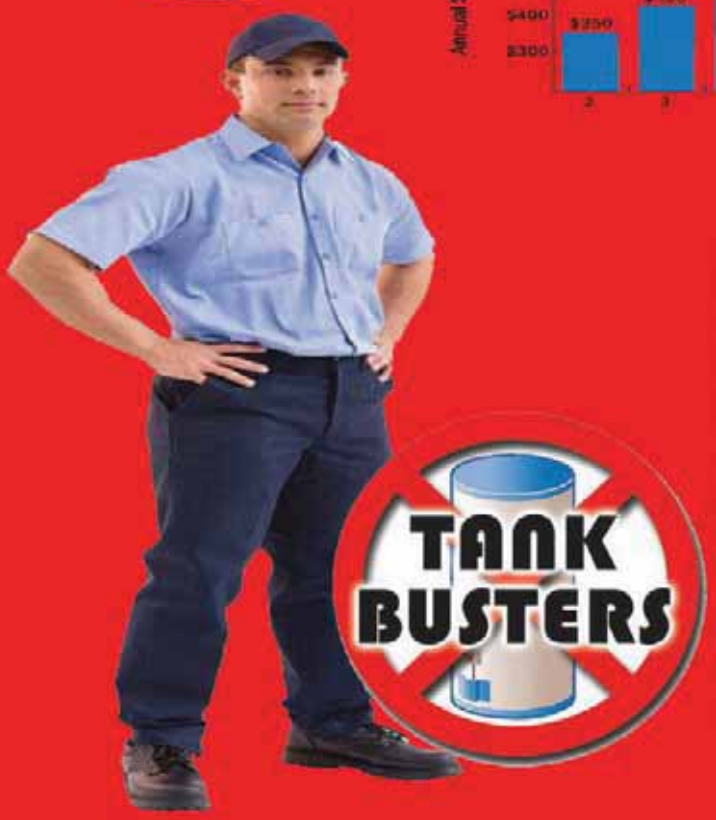

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‘Are you dating ... ?’ ‘No, mom’

Aniston’s family still hasn’t learned to deal with constant tabloid speculation

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Jennifer Aniston is no stranger to fame, but there are still some aspects she hasn’t gotten used to.

For instance, walking a red carpet still produces butterflies in her stomach.

“It’s a fun excitement,” she says.

“It’s sort of like going on stage, you know? It’s butterflies, it’s nerves, it keeps it new. Hopefully that fear will never go away.”

One thing she would like to go away, of course, would be all the tabloid speculation about her personal life — though that will probably outlast her pre-carpet jitters.

Still, Aniston has learned how to weather the gossip storms, even if her family hasn’t.

“If I don’t know that it’s there, I’m just living my life, having fun doing my thing,” she says.

“The only way I’m really privy to it is when I have to field questions from my family members, because, for some reason, they still believe it’s true.”

SUBMITTED

▶ Jennifer Aniston stars alongside Adam Sandler in Just Go With It.

And given how often she’s on supermarket newsstands, that means a lot of concerned phonecalls.

“You stay as far away from it as possible and just try to deal with the emails and phone calls from your mother, saying, ‘Are you adopting?’” Aniston says with an exasperated laugh.

“‘Are you dating somebody?’ ‘No, mom.’ ‘Well, Aunt Jean thinks...’ ‘No.’ ‘Are you getting married at Oprah’s? An $8 million wedding?’ ‘No. I told you, don’t believe it.’”

Aniston would much rather people focus on her work, like her latest comedy, Just Go With It, in which she stars as the best friend and assistant to a plastic surgeon (Adam Sandler) who goes along with a harebrained scheme to pose as his soon-to-be ex-wife to assuage a new girlfriend’s fears that he’s not a philanderer.

Thanks to a much more A-list cameo, Aniston gets to spend a good amount of time in Just Go With It with Nicole Kidman, who pops up as her old sorority sister and nemesis.

But it wasn’t Aniston’s first exposure to Kidman.

“I had met her before and she was immediately disarming, so I knew how great of a girl she was,” Aniston says.

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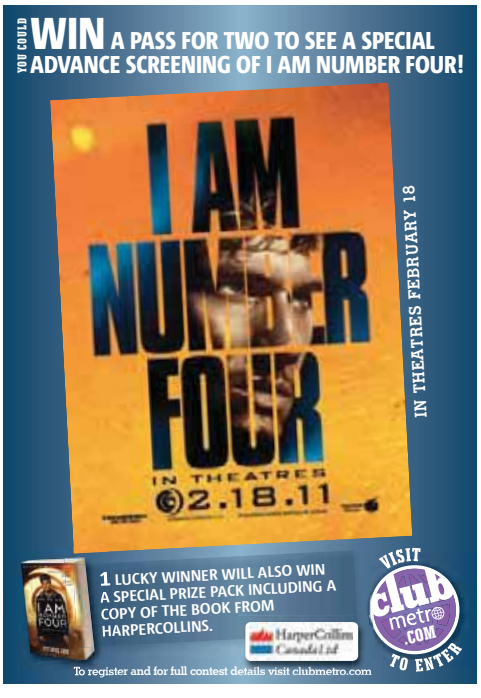
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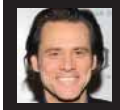
Celebrity tweets

Kelly Osbourne [@MissKellyO] i need to get myself a new lap top none of my keys are working unless i hit them really hard.

Elijah Wood [@woodelijah] Goodbye, White Stripes. Indeed, your work will last forever. I shall miss you, Meg and Jack



Jim Carrey [@JimCarrey] The image of myself on my homepage is slowly growing a dark beard.

Sarah Silverman [@SarahKSilverman] I bet most porn stars are pretty easy going. METRO

Zac over Vanessa?

High School Musical star reportedly spotted dirty dancing with Aussie actress

Zac Efron seems to have moved on from Vanessa Hudgens, as the young star was spotted getting frisky with Australian actress Teresa Palmer after a screening of her new film, Take Me Home Tonight, according to E! News.

Efron and Palmer headed to an L.A. nightclub where they took to a VIP table for drinking, dancing and more.

"He was grabbing her butt and doing very suggestive dancing. Then they made out a couple of times standing up where they were dancing. I was surprised they were doing that in front of everyone. It was like they didn't care," a source says. "They were there for like an hour and left together." METRO

ALL PHOTOS GETTY IMAGES

▶ Zac Efron was seen getting cosy with actress Teresa Palmer at an L.A. nightclub, E! News reports.

Talking points

Sheen gets serious

REHAB. While Charlie Sheen has been receiving treatment at home for his substance abuse issues, he's also been receiving a ton of text messages from porn stars, according to TMZ.

But Sheen's replies have made it clear he's through partying for the time being. One response by Sheen reportedly reads, "Please lose the number, we are closed ... please drive through ... thank you," while another from the Two and a Half Men star informs his former party pal that "Right now we are on lockdown." Sheen is reportedly taking his treatment seriously and hoping to get back to work by the end of the month. METRO

Tattoo No. 5 for Miley

INKED. Though she's just 18 years old, Miley Cyrus reportedly just got her fifth tattoo, according to People magazine.

The tattoo, on her side under her right arm, is of a dream catcher. "It's a picture of the dream catcher that hangs over her bed with four feathers to represent her four brothers and sisters," a source says. "The dream catcher is to protect them." METRO

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Debunking stuttering myths

The King's Speech is winning praise from stutterers The speech impediment affects 70 million

A movie about a stuttering monarch, without sex, car chases or super heroes, hardly sounds like blockbuster box-office fare.

But in a less flashy way, The King's Speech is about a hero, one who battles an invisible enemy that torments nearly 70-million people around the world.

In demystifying the little-understood speech impediment, the film reveals myths and fascinating truths about stuttering, and has won praise from stutterers of all ages.

For Erik Yehl, an 11-year-old Chicago boy who began stuttering in preschool, the movie's message is, "I'm not stupid."

It's a stigma all people who stutter contend with — the notion that because their words sometimes sputter or fail to come out at all, their minds must be somehow mixed up.

"People who stutter — their minds are perfectly good, and they're not deaf, and they don't need to be told to breathe.

"...There are some things that most people think will help, but they don't. I'm hoping this movie will fix that."
ADIAN HARDY, WHO STUTTERS

Stutter Sources

For more on overcoming stuttering, visit:

- **NIH: nidcd.nih.gov/health/voice/stutter.asp**
- **Stuttering Foundation of America: stutteringhelp.org**

breathe. What they need ... is to be listened to," said Susan Hardy, who saw the film with her son Aidan, a Chicago eighth-grader who also stutters.

Jane Fraser, president of the Stuttering Foundation of America, said the movie mirrors her experience growing up with a father who stuttered.

Malcolm Fraser formed the advocacy group in 1947 to raise awareness and provide resources for people who stutter.

"The impact for me was just bringing home 64 years of trying to get across to people how devastating this disorder is," Fraser's daughter said of seeing the movie.

Stuttering affects almost one per cent of the global population. It typically begins in early childhood as kids are learning to speak and is more common in boys.

About five per cent of children stutter, but most outgrow it. The condition tends to run in families and genes are thought to be involved in some cases.

The scant brain imaging research done on the impediment has suggested that different kinds of brain activity occur when people stutter than when they speak fluently.

Scientists aren't sure why, and also don't know why different activities induce fluency among some but not all stutterers, said Ehud Yairi, a prominent University of Illinois stuttering expert.

Speech therapist Stephanie Hirsh says she learned to control her own stuttering partly by using a breathing technique to maintain a continuous flow of air while talking.

Hirsh also offers this advice: Let stutterers know they have all the time they need to express themselves, and that you really want to hear what they have to say.

▶ In The King's Speech, Colin Firth portrays King George VI, who took speech therapy to overcome his stuttering so he could address his nation during the Second World War.

Film up for 12 Oscars on Feb. 27

The King's Speech depicts King George VI, father of the Queen, as a reluctant leader tortured by his stuttering. But with a sense of duty as England confronts a Second World War, he musters the courage to seek speech therapy to calm an anxious nation.

The movie and its actors have already won Golden Globes and other honours.

3 life

Film Contest

The Sprockets 2011 Toronto International Film Festival for Children and Youth is looking for jury members.

If your child is between eight and 12, and loves movies, he or she can become a jury member. Have your child submit a 250-word review of any movie and enter by Feb. 11.

For more info: tiff.net/sprockets/about/juries.

MARK HERBERT

Mark Zuckerberg's father: Support children's strengths with work, play balance.

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*Depends on frequency of use and dryer settings.
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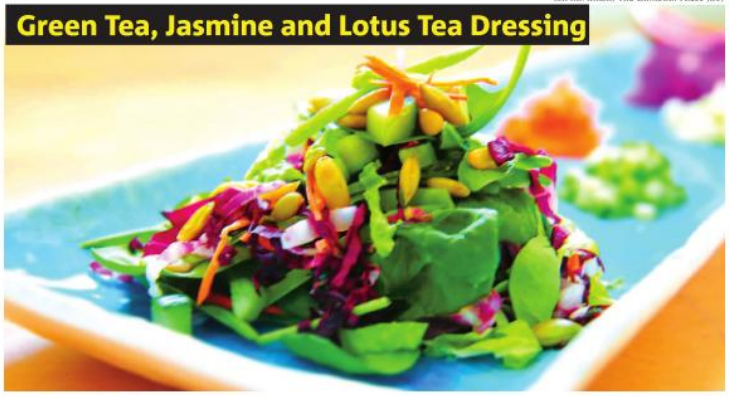
Giving tea time a brand new meaning

Tea can help to enhance food when paired with the right ingredients

RAYYAN AYASH/ THE CANADIAN PRESS (HO)

Green Tea, Jasmine and Lotus Tea Dressing



Ingredients:

Goddess Greens

- 250 ml (1 cup) pea shoots
- 500 ml (2 cups) spinach
- 1 cucumber, finely diced
- 1 green apple, diced
- 500 ml (2 cups) shredded hearts of romaine
- 250 ml (1 cup) snow peas, cut thinly on a bias
- 30 ml (2 tbsp) raw sunflower seeds
- 250 ml (1 cup) radicchio

Green Tea, Jasmine and Lotus Tea Dressing

- 1 sachet green tea, jasmine and lotus flower tea that has been pulverized (remove from sachet)
- 125 ml (1/2 cup) organic full-fat yogurt
- 30 ml (2 tbsp) lemon juice
- 75 ml (1/3 cup) apple cider vinegar
- 125 ml (1/2 cup) vegetable oil
- Salt and pepper, to taste

Preparation:

1. In a bowl, whisk together dressing ingredients.
2. In a salad bowl, combine salad ingredients. Toss salad ingredients with dressing until well combined.

DINNER EXPRESS

Use a few high-quality ingredients when pairing tea and food, says Therese DeGrace of Kitchen Culture.

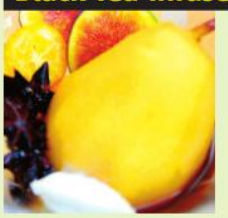
The chef uses tea both in food and to accompany a dish. When developing recipes using tea, "I looked at the ingredients that were in the tea because I wanted tea to be the star."

Here, she creates a salad dressing using tea.

THE CANADIAN PRESS

RAYYAN AYASH/ THE CANADIAN PRESS (HO)

Black Tea-Infused Poached Pear



Packed with natural flavour, this dessert is low in fat, yet sweet enough to cap a meal.

The pears are also poached, then diced and tossed in a salad, says DeGrace. They can be made ahead of time, which is great if you're having a crowd over for dinner.

Preparation:

1. Infuse tea in boiling water for 6 minutes, then place in a large pot. Add remaining ingredients and bring to a boil, reduce heat to a simmer and add pears.
2. Cover surface of liquid with a piece of parchment paper to prevent pears from being unevenly poached. Cook for 20 minutes.
3. Carefully remove pears from liquid and set aside to cool. Return poaching liquid to the stove and increase heat. Continue cooking over medium heat until liquid is reduced to the consistency of maple syrup and lightly coat the back of a spoon, about 40 minutes.
4. Serve pears liberally drizzled with poaching syrup, fresh mint and mascarpone cheese.

CHEF THERESE DEGRACE

Ingredients:

- 4 sachets tiramisu black tea
- 2 l (8 cups) boiling water
- 250 ml (1 cup) sweet white wine
- 500 ml (2 cups) raw sugar
- 1 cinnamon stick
- 4 pears, peeled and cored
- 2 ml (1/2 tsp) nutmeg
- 1 star anise
- Garnish: Fresh mint, kumquats and berries, mascarpone cheese

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Avoiding a crisis

With the global population on the surge, experts are predicting urban water shortages are around the corner Here are nine water saving tips

BEN KNIGHT
LIFE@METRONEWS.CA

ISTOCK PHOTO

Collecting rainwater to use for plant watering is a good way to conserve water.

By 2050, the number of human beings on Earth will have quadrupled in just 100 years. As global population continues to surge, fresh water is becoming an increasingly scarce — and precious — resource.

Compared to most other nations, Canadians use a vast amount of water — well over 300 litres per person, per day. That's more than any other country on Earth, except the United States.

Metro asked water-conservation expert Jerry Yudelson, author of Dry Run: Preventing the Next Urban Water Crisis, for nine wise, effective ways to use less water more effectively.

1 Turn off the water when you brush your teeth.
"The first thing is to stop waste," Yudelson says. "When you're brushing your teeth or shaving, don't leave the water running. It's nothing dramatic, but it has a cumulative effect."

2 Wash your car using a spray nozzle with a shut-off valve.
A lot of water gets wasted just by leaving the hose running when you wash your car. A simple piece of hardware — and some increased awareness — cuts this loss dramatically.

3 Install dual-flush toilets at home.
These innovative devices have two flush settings, depending on whether there is liquid or solids in the bowl.

"When I was growing up in the 70s we used to say 'if it's yellow, let it mellow," he notes.

4 Install water-conserving faucets and showerheads.
"There are many faucet aerators now that, instead of two-and-a-half gallons per minute, provide one gallon per minute," notes Yudelson. "You won't notice the difference, but you'll be saving 60 per cent."

5 Buy a solar water heater.
These sun-powered devices help you cut your energy footprint while you're being mindful of your water use.

6 Get a recirculating hot water system on a timer.
This clever bit of engineering eliminates the wait for hot water after you turn on the tap.

"It's a very simple plumbing intervention. Put a little pump on the water heater and – presto!"

7 Limit showers to four minutes.
"I take three-minute showers," Yudelson says. "And I guarantee you I'm still clean. With teenagers, install a coin-operated meter, so it takes a loonie or a toonie to take a shower longer than five minutes."

8 Use a drip irrigation system.
Significantly more water-efficient than sprinklers, drip irrigation allows water to seep directly to the roots of plants.

9 Harvest rainwater or graywater at home.
"Many households, historically, have captured rainwater in a cistern," he notes. "You can also collect graywater (used water from the sink, shower or laundry), filter it and use it for your lawn."

Queen of Green

LINDSAY COULTER
GREEN@METRONEWS.CA

REACH HER GREEN HEART

I think Valentine's Day is just a greeting-card holiday, but my wife doesn't agree. Do you have any suggestions to please the green-hearted? *Dan of Ottawa*

Two traditional gifts come to mind: flowers and chocolate. And it's not just Valentine's Day they have in common. You can find Fair Trade-certified versions of both in most parts of Canada.

Fair trade is based on a partnership between consumers and producers from the developing world, ultimately giving them a better deal and improved terms of trade. You're actually voting with your dollar and supporting farmers who are protected by a high level of ethical and economic standards.

Fair Trade certification ensures that producers and their families and communities in developing countries get an opportunity to improve their lives and plan for the future — and it helps the environment.

You'll also discover the label on other products like spices, sugar, rice, fruit and even soccer balls. Another simple way to green up your bouquet shopping skills year-round is to ask your florist for local, seasonal and organic flowers.

Fair Trade certification ensures that producers ... get an opportunity to improve their lives and plan for the future

Many cut flowers are grown overseas in developing countries, where growers use toxic pesticides banned here in Canada.

And we don't test pesticide residues on flowers.

So tell your local florist that you'd love it if they supplied more flowers from local growers, free from pesticides.

David Suzuki Foundation

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Your turning point?

ISTOCK

▶ The grass could certainly be greener on the other side. Interested in taking a peak around the bend?

Have you grown weary of your daily grind and dream beyond the nine-to-five? Tell us for a chance to win a $10,000 career makeover

Turning Point

TERESA KRUZE
LIFE@METRONEWS.CA

Never sit in the rocking chair of life and say, "I wish I would have."

That's the motto I live by and right or wrong, I have allowed the saying to guide my life. I changed the direction of my career when I left TSN as an anchor and reporter and went back into news, acting, singing and production. People thought I was nuts. But I had a plan and right now I get up every day excited about what the new day will bring.

Don't get me wrong. Change is hard and there have been tons of frustrating moments during my career transition, but let me tell you, the rewards have been plenty. Are you ready to take a deep breath, make a plan and go for what you have always wanted?

We are launching The New You Makeover Contest for all Metro News readers. Go online to ClubMetro.com and tell us in 150 words or less why you need a career and life makeover. You could win a prize package worth $10,000 dollars! You'll get expert career coaching from NexCareer and access to work space facilities while you get your new career underway. Ebranders, a division of Howe Brand communications, will provide branding, social media and website coaching and WIND Mobile has donated a fabulous Blackberry Bold 9700 with one year of unlimited talk and text so you'll be able to network.

You'll be sporting a new Notebook courtesy of TechDirect and a leather brief case from Danier. They want you to look good too so you'll be given a $500 gift card to go shopping at Danier. Donato Hair and Spa will give you the look you need to succeed in business and you'll receive leadership and career inspiration from a Learn on the Go Pack from world famous author Robin Sharma.

If you have been down sized or are in a job that's going nowhere, now's your chance to make a change.

Write to me at ClubMetro.com and tell me why you need a makeover. You could be 150 words away from a major turning point in your life (and some really great prizes).

Inspire us

Think your career story is in need of a fairytale ending?

Share it with us at ClubMetro.com.

Having a ball with his new business

"I'm sorry but we've decided to go in another direction." You sit in stunned disbelief and realize IT has happened to you. You are now unemployed.

James Milligan of Vancouver had worked at a major telecom company for 12 years when he was laid off. But it didn't take him long to get back on his feet.

A course in sustainability management allowed him to start his own company and make a difference in the lives of children around the world. Milligan is buying fair trade soccer balls from Pakistan and is helping to break the cycle of poverty by contributing to a fund where the workers can receive food, medical supplies and fresh water. His travels have led him to Uganda, Guatemala, Nicaragua and Mexico, where he is encouraging children to play soccer and discuss issues like post-conflict healing and domestic violence.

"I feel like I'm making a difference in a small way. I love my life right now."

Learn from James and other Canadians just like him. Take all of life's "pink slips" and turn them into new beginnings.

TERESA KRUZE

▶ James Milligan

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Talking to the teacher

Parent-teacher interviews can be stressful and far from enlightening
But they don't have to be either

Parent-teacher night can sometimes be the most dreaded night of the year, when you scramble to spend two minutes each with a half-dozen teachers who may not even know your kid's name.

You stumble down hallways, head up the down staircase, looking for the science lab or drama studio. Or you crowd in the cafeteria or gym with hundreds of other confused moms and dads, mispronouncing unfamiliar teachers' names as you wait your turn. Some teachers time the sessions, ending them with a digital beep; in other schools, student monitors keep the clock, interrupting your meeting when time is up.

If your kid's a straight A student, it probably won't be too painful — except for all the waiting. But if "needs improvement" was checked more than once on your child's report card, you could be in for a long, depressing night.

In fact, it can feel a little like speed-dating — except there's zero chance of love at first sight.

And it's so very different from elementary school, where one teacher, who spent as many waking hours with your child as you did, could hold forth for 15 minutes on your child's personality, talents and needs. Once kids get to Grade 6, a subject teacher may have 200 students in five different classes, and there's no time on parent-teacher night for more than a summary of how yours is faring.

"I find parent-teacher nights very stressful," said Virginia Anagnos, whose son is a sophomore at a New York City public high school.

But she's come up with a good strategy for dealing with the "horse race." Report card in hand, she first identifies the subjects where her son scored the lowest grades, and signs up to see those teachers first.

"If the wait list is long, I identify other classes on the same floor to determine if I can see other teachers in the interim," she said. And she has her questions ready: Where can her son improve? What should he focus on at home? Are there websites or programs he should look into? How can she, as a parent, guide him?

Most important, "May I follow up with you via email in four weeks to check on his progress?"

Anagnos' approach is in keeping with what experts recommend. Roxanne Farwick Owens, chair of the teacher education department at DePaul University, says parents may need to schedule longer follow-up meetings if kids are having problems. But in many cases, you can make effective use of these brief meetings by getting basic "information about what's going on with the child and how the teacher, parent, and child can work together to improve the child's performance." Ask how the grade was determined — homework, tests, participation?

THE ASSOCIATED PRESS

Avoid saying...

Accusing, blaming and being confrontational tends to close the door of communication, says Roxanne Farwick Owens, who recommends against the following sentences:

- "My kid has always gotten straight As. What are you doing that is making him get an F?"
- "He says your class is so boring he can't stand to come to it. How can you expect him to pay attention?"

▶ Parents should have what questions they'd like to ask teachers ready to avoid wasting their time slot.

The Bard beyond the books

Actor Michael Kelly is challenging teachers to get interactive with Shakespeare by way of his website

About 10 years ago, actor Michael Kelly came up with an idea for a cool Shakespearean teaching tool.

What if he could share online videos of actors and drama teachers performing Shakespeare's works as a way to inspire budding thespians?

Technologically, the concept was a little ahead of its time but has finally been realized with Thursday's launch of the Shakespeare in Action Virtual Lab.

The website, shakespeareinaction.org, which is free for students and teachers, includes lesson plans, videos of tutorials and rehearsal techniques, and a karaoke feature so students have a virtual partner to practice lines from Hamlet, Macbeth or Romeo and Juliet.

Kelly, a Toronto-based actor who has taught master classes for the Stratford Shakespeare Festival, says many teachers often find themselves out of their element when teaching Shakespeare, or helping to organize a drama production.

"They're obviously sometimes starved for resources and I think, in particular with Shakespeare, they're kind of left on their own," said Kelly, who founded the non-profit Shakespeare in Action in 1988 with a goal of exposing young audiences to Shakespearean works.

"If you're a teacher and you come out of university, no one teaches you how to teach Shakespeare. Maybe your major was English but so what? That doesn't mean you really know how to teach Shakespeare well and so you're sort of thrust into the classroom."

Although the website mostly focuses on teaching drama, there are resources for English teachers as well, including an exercise on writing a Shakespearean-style dialogue.

THE CANADIAN PRESS

▶ Michael Kelly, far right, hopes English teachers who previously wouldn't have considered drama as a part of their lesson plan will give it a try.

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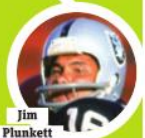

Jim Plunkett

The connection

Can you guess the connection between these athletes? Answer below.

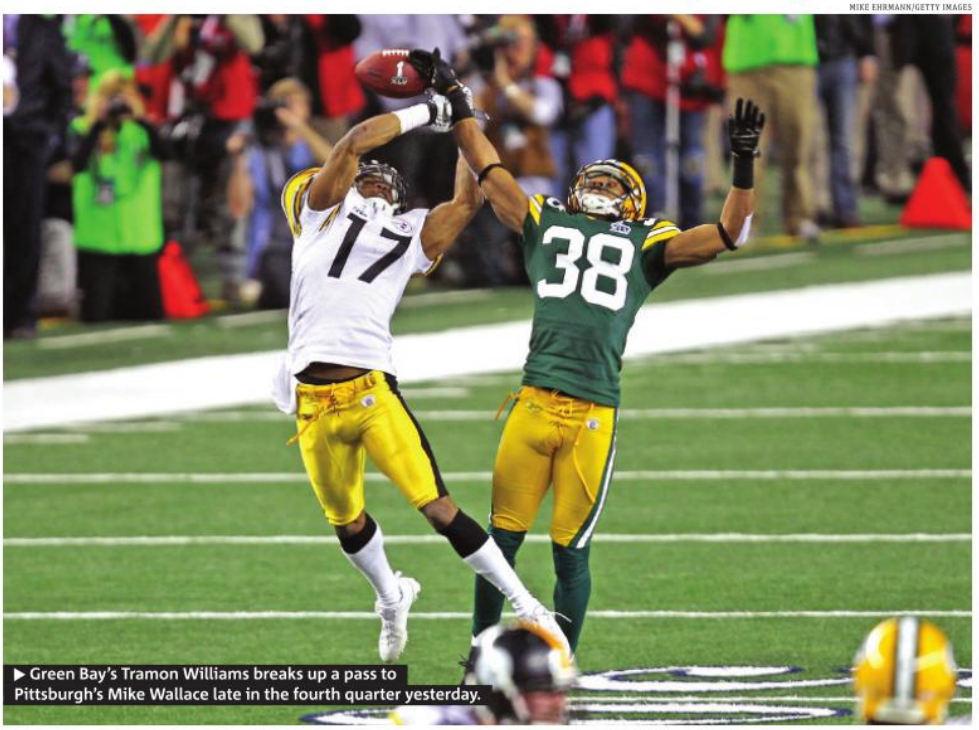
Answer: They were all Super Bowl MVPs.

Scan code for more sports

'A great day to be great'

- Aaron Rodgers throws three touchdowns as Packers hang on for win
- Loss of Charles Woodson, Donald Driver not enough to stop Green Bay

MIKE EHRMANN/GETTY IMAGES


▶ Green Bay's Tramon Williams breaks up a pass to Pittsburgh's Mike Wallace late in the fourth quarter yesterday.

Forget Lombardi on Broadway. Green Bay has the newest Super Bowl hit: Aaron Rodgers.

Capping one of the greatest post-seasons for any quarterback, Rodgers led the Packers to their first NFL championship in 14 years yesterday, 31-25 over the Pittsburgh Steelers. The Packers reclaimed the Vince Lombardi Trophy, named for their legendary coach who won the first two Super Bowls and is making his own star turn in New York these days in the play named after him.

PACKERS	STEELERS
31	25

Rodgers, the game's MVP, thrilled his legion of Cheesehead fans with a spectacular six-game string that should finally erase the bitterness of the Brett Favre separation in Green Bay. He's now equal with Favre in Super Bowl wins, and he extended the Packers' record of NFL titles to 13, nine before the Super Bowl era.

"It's what I dreamt about as a little kid watching Joe Montana and Steve Young," Rodgers said, "and we just won the Super Bowl."

The Packers QB threw for three touchdowns, two to Greg Jennings, and the Packers (14-6) overcame even more injuries, building a 21-3 lead, then hanging on to become the second No. 6 seed to win the championship. Coincidentally, the 2005 Steelers were the other.

Rodgers threw for 304 yards, including a 29-yard touchdown to Jordy Nelson, who had nine catches for 140 yards to make up for three big drops. Rodgers found Jennings, normally his favourite target, for 21- and 8-yard scores.

"Wow! It's a great day to be great, baby," Jennings said.

THE ASSOCIATED PRESS

One honour Favre never won

"Got to give credit to our defence. This is a great group of men that we put together here, a lot of character, been through a lot together."
AARON RODGERS

PAUL SANCYA/THE ASSOCIATED PRESS

▶ Aaron Rodgers

Green Bay quarterback Aaron Rodgers is the MVP of the Super Bowl, an honour his Packers predecessor Brett Favre never earned.

With precise passes and cool under pressure, Rodgers completed 24 of 39 passes for 304 yards, three touchdowns and no interceptions last night to lead the Packers to a 31-25 victory over the Pittsburgh Steelers for Green Bay's first NFL title since Favre's in the 1997 Super Bowl.

Rodgers is 27 years old, just as Favre was then. And after biding his time as a backup until the Packers split with Favre, Rodgers has quickly taken over.

THE ASSOCIATED PRESS

3 REASONS PITTSBURGH DIDN'T WIN

Mendenhall's fumble

- The Steelers had all the momentum when Rashard Mendenhall took the handoff, but his fumble on the first play of the fourth quarter helped the Packers hold on after the Steelers attempted to rally from an early 21-3 deficit. A big hit popped the ball out of Mendenhall's hands, and Greg Bishop took off with it for the Green Bay Packers.

Deficient defenders

- Troy Polamalu whiffed on a tackle. James Harrison was nearly invisible. Not the way the Pittsburgh Steelers drew this up. Pittsburgh's big-play, hard-hitting defensive leaders were nowhere to be found when the Steelers needed them most.

Big Ben's interceptions

- Ben Roethlisberger threw two interceptions, including a pick that was returned 37 yards for a touchdown by Nick Collins that gave Green Bay 14-0 lead less than 12 minutes into the game. The Packers stretched it out to 21-3 before the Steelers made a game of it.

NHL

Forsberg returning to Avs

Former league MVP Peter Forsberg signed a $1-million US pro-rated contract for the remainder of the season with the Colorado Avalanche yesterday. He joined the team on its charter to Phoenix after practising at the team facility and meeting with general manager Greg Sherman to sign the deal.

"Peter believes he can compete at the NHL level based on how his workouts went," Sherman said. "He will provide additional leadership to our club and he will have an impact with this young team."

Forsberg, who has been out of the league for three years, said he made the decision to return to the NHL before Sunday's practice.

He said he doesn't think he can play tonight against Phoenix.

THE ASSOCIATED PRESS

Brady gets all 50 votes for MVP

New England Patriots quarterback Tom Brady became the first unanimous choice yesterday for The Associated Press NFL Most Valuable Player Award since the AP began using a nationwide panel of media members who cover the league.

He surpassed himself, too: In 2007, when Brady won his first MVP, he received 49 votes; one voter went for Brett Favre.

THE ASSOCIATED PRESS

TFC nets exhibition victory

Matt Stinson scored the game's only goal to lift Toronto FC to a 1-0 pre-season victory over Red Star Belgrade yesterday.

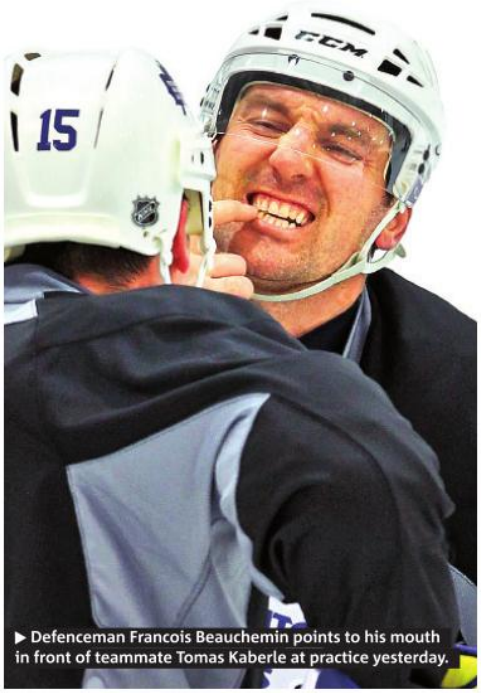
He scored in the 41st minute on a cross from Javier Martina.

"It was a good game against strong opponents," said Aron Winter, Toronto's head coach and technical director. "I am satisfied ... the players did everything that we asked of them."

THE CANADIAN PRESS

Kessel's slump leads to lineup shakeup

DAVID COOPER / TORSTAR NEWS SERVICE



▶ Defenceman Francois Beauchemin points to his mouth in front of teammate Tomas Kaberle at practice yesterday.

- Mired in 10-game goalless streak
- Boyce replaces Bozak at centre

The Maple Leafs finally broke up the ineffective pairing of Phil Kessel and Tyler Bozak in practice yesterday, and the dismantling could be a precursor to a total rebuild of Kessel's line for next season.

For now, Bozak is out and Darryl Boyce is in as centre for Kessel.

"It's not happening here (on the line with Bozak), so maybe it's time for a change," a frustrated Kessel said.

While Boyce and his solid, two-way play might provide Kessel with more balance than Bozak, who is a minus-17, it's clear the Leafs are only searching for a local solution to help Kessel break his slump and boost his confidence.

Kessel is locked on 19 goals with 20 games remaining. He was expected to score at least 30 and possibly 40 goals, and if he fails to reach that number, it will be tied partly to Bozak, fairly or not.

Bozak wound up taking Boyce's spot on the third line with Kris Versteeg and Colby Armstrong.

Kessel is in his second major scoring slump of the season (he had a seven-gamer earlier), and is third-last among 541 NHL forwards with a minus-22.

TORSTAR NEWS SERVICE

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- **Time:** 7 p.m.
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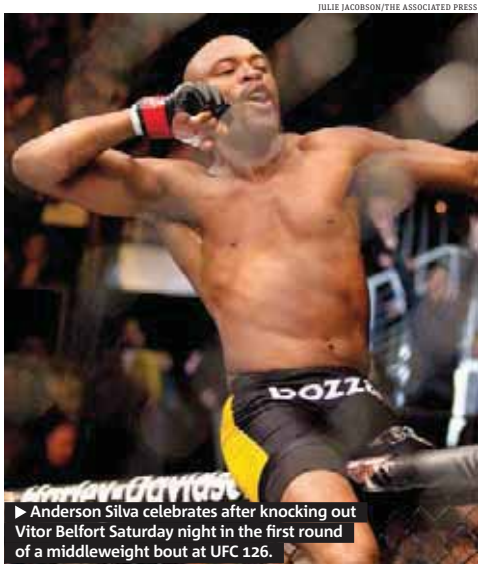

▶ Anderson Silva celebrates after knocking out Vitor Belfort Saturday night in the first round of a middleweight bout at UFC 126.

Silva does his part

A win by St-Pierre over Shields in Toronto could set up UFC dream fight

The way UFC president Dana White see its, only one man stands in the way of the UFC's biggest ever fight.

And that's Jake Shields.

Middleweight champion Anderson Silva did his bit to set the stage for a lucrative super-fight with welterweight champion Georges St-Pierre by knocking out Vitor Belfort in highlight-reel fashion at UFC 126 on Saturday night.

Montreal's St-Pierre can complete the other half of the puzzle with a win over Shields (26-4-1) at UFC 129 in Toronto on April 30.

With Silva and St-Pierre touted as the two best pound-for-pound fighters on the planet, a showdown would settle the argument of who's the best. And it would give the UFC a marquee matchup that it can use to showcase the sport around the globe.

White was careful to remind listeners that Silva-GSP is not a done deal and that Shields, a former Strikeforce champion, has flown under the radar. Even if St-Pierre were to beat Shields, he would probably have to emerge uninjured.

But White was still listing off mega-venues where he could host the fight.

"Where do we hold the fight, I think that would be the biggest challenge," he said.

Cowboys Stadium, home of last night's Super Bowl, for one. The billion-dollar palace has a capacity of 80,000, not counting standing room.

"If there was ever a fight that we're going to do Dallas, Texas Stadium, this would be the fight," White told reporters.

Some 51,000 turned out for the first boxing match at Cowboys Stadium to see Manny Pacquiao beat Joshua Clottey.

Then there's Canada's Rogers Centre, where 42,000 tickets for UFC 129 will go on sale this week.

"I think we crush it in Toronto," said White. "We can put that fight anywhere and people will travel to see this fight."

Silva, not surprisingly, favours his native Brazil as host venue. Or Las Vegas, which he says is his second home. THE CANADIAN PRESS

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	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	53	35	13	2	3	180	137	75	18-7-0-2	17-6-2-1	8-2-0-0	W2
d-Tampa Bay	54	33	16	3	2	164	162	71	18-5-1-1	15-11-2-1	7-3-0-0	W1
d-Boston	53	30	16	2	5	161	119	67	14-10-1-2	16-6-1-3	6-4-0-0	L1
Pittsburgh	54	34	16	2	2	164	122	72	19-9-1-0	15-7-1-2	8-2-0-0	L1
Washington	54	29	15	5	5	150	134	68	17-5-2-5	12-10-3-0	5-2-1-2	W2
Montreal	54	30	19	4	1	139	131	65	18-7-3-1	12-12-1-0	6-2-1-1	L1
NY Rangers	55	29	22	2	2	153	135	62	12-12-1-2	17-10-1-0	3-6-0-1	L4
Carolina	53	26	21	2	4	159	164	58	14-9-1-1	12-12-1-3	5-5-0-0	W1
Atlanta	55	24	21	4	6	158	178	58	12-11-1-4	12-10-3-2	2-5-1-2	L3
Buffalo	51	24	22	5	0	145	149	53	12-12-1-0	12-10-4-0	6-4-0-0	W1
Florida	52	23	23	2	4	140	141	52	11-8-2-3	12-15-0-1	3-3-1-3	W1
Toronto	52	21	26	2	3	133	162	47	12-11-2-2	9-15-0-1	3-6-0-1	L1
New Jersey	53	19	30	3	1	113	154	42	10-13-2-1	9-17-0-1	7-1-2-0	W1
Ottawa	53	17	28	5	3	117	174	42	9-15-2-2	8-13-3-1	1-7-1-1	L9
NY Islanders	52	17	28	3	4	128	169	41	9-12-1-3	8-16-2-1	4-6-0-0	W1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	53	34	10	4	5	179	125	77	18-3-1-4	16-7-3-1	6-1-1-2	W5
d-Detroit	52	31	15	4	2	173	154	68	15-7-3-1	16-8-1-1	4-5-0-1	L2
d-Dallas	53	30	18	1	4	152	150	65	16-7-1-3	14-11-0-1	5-5-0-0	L3
Nashville	53	28	18	4	3	141	125	63	12-4-3-3	16-14-1-0	5-4-0-1	W1
San Jose	53	28	19	4	2	150	144	62	13-10-2-1	15-9-2-1	7-2-0-1	W3
Anaheim	54	29	21	2	2	146	150	62	17-8-0-1	12-13-2-1	7-3-0-0	W1
Phoenix	54	26	19	6	3	153	156	61	11-10-3-2	15-9-3-1	4-6-0-0	W1
Los Angeles	53	29	22	1	1	150	129	60	17-9-1-0	12-13-0-1	6-3-0-1	W2
Minnesota	52	27	20	1	4	135	138	59	12-11-0-2	15-9-1-2	6-4-0-0	L1
Calgary	54	26	21	2	5	154	160	59	14-9-0-2	12-12-2-3	7-1-1-1	L1
Chicago	52	27	21	2	2	167	147	58	16-13-0-0	11-8-2-2	6-3-0-1	L1
Colorado	52	25	21	6	0	164	172	56	14-13-3-0	11-8-3-0	4-6-0-0	L3
Columbus	52	25	22	3	2	141	162	55	13-12-0-1	12-10-3-1	5-3-1-1	W2
St. Louis	51	23	20	4	4	138	153	53	16-8-1-2	7-12-3-2	3-5-2-0	L1
Edmonton	52	15	29	1	7	129	180	38	7-14-1-3	8-15-1-3	1-8-0-1	L4

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Yesterday's results
New Jersey 4 Montreal 1
Tampa Bay 4 St. Louis 3 (OT)
Washington 3 Pittsburgh 0
Nashville 3 Detroit 0
Philadelphia 3 Dallas 1
Phoenix 1 Minnesota 0
San Jose 2 Boston 0

Saturday's results
Montreal 2 N.Y. Rangers 0
Buffalo 6 Toronto 2
Columbus 4 Edmonton 3
Los Angeles 4 Calgary 3 (SO)
N.Y. Islanders 5 Ottawa 3
Anaheim 3 Colorado 0
Carolina 4 Atlanta 3 (OT)

Tonight's games (all times Eastern)
Atlanta at Toronto, 7 p.m.
N.Y. Rangers at Detroit, 7:30 p.m.
Edmonton at Nashville, 8 p.m.
Chicago at Calgary, 9:30 p.m.
Colorado at Phoenix, 9:30 p.m.
Ottawa at Vancouver, 10 p.m.

DEVILS 4, CANADIENS 1

First Period
1. New Jersey, Zubrus 12, 1:12
2. New Jersey, Kovalchuk 16 (White, Zajac) 4:04
Penalties — Pacioretty Mtl (holding) 6:41, Talinder NJ (hooking) 12:39.
Second Period
3. New Jersey, Zajac 9 (Volchenkov) 3:16
4. Montreal, Subban 6 (Gomez, Pacioretty) 6:32
Penalty — Pacioretty Mtl (goaltender interference) 12:41.
Third Period
5. New Jersey, Kovalchuk 17 (Zajac) 18:39 (en)
Penalty — Gomez Mtl (misconduct) 18:39.
Shots on goal by

New Jersey	10	14	6—30
Montreal	11	5	10—26

Goal (shots-saves) — New Jersey: Brodeur (W,13-19-2)(11-11), Hedberg (start second, 15-14); Montreal: Price (L,26-17-5). **Power plays (goals-chances)** — New Jersey: 0-2; Montreal: 0-1.
Attendance — 21,273 (21,273) at Montreal.

SATURDAY

CANADIENS 2, RANGERS 0

First Period — No Scoring.
Penalties — Sauer NYR (interference) 6:14, Picard Mtl, Avery NYR (fighting), Moen Mtl (roughing), Weber Mtl (cross checking), Prust NYR (slashing, roughing) 14:36.
Second Period
1. Montreal, Gomez 7 (Picard, Weber) 18:34
Penalties — Kostitsyn Mtl (boarding) 1:31, Subban Mtl (tripping) 6:21, Picard Mtl (interference) 9:40, Subban Mtl (high sticking) 15:56.
Third Period
2. Montreal, Plekanec 18 (Subban) 19:42 (en)
Penalty — Prust NYR (interference) 0:46.
Shots on goal by

N.Y. Rangers	10	6	19—35
Montreal	12	11	6—29

Goal — N.Y. Rangers: Biron (L,8-5-0)' Montreal: Price (W,26-16-5). **Power plays (goals-chances)** — Montreal: 0-2; N.Y. Rangers: 0-4.
Attendance — 21,273 (21,273) at Montreal.

SABRES 6, MAPLE LEAFS 2

First Period
1. Buffalo, Pominville 12 (Vanek) 3:31
2. Buffalo, Stafford 16 (Leopold, Myers) 5:52 (pp)
Penalties — MacArthur Tor (hooking) 5:23, McCormick Buf (cross-checking) 9:48, Brent Tor (high-sticking) 14:16, Weber Buf (slashing) 17:03.
Second Period
3. Buffalo, Gaustad 7 (Grier, Niedermayer) 4:19
4. Buffalo, Connolly 7 (Vanek, Stafford) 7:14 (pp)
5. Toronto, Kulemin 18 (Schenn) 8:50 (sh)
6. Buffalo, Stafford 17, 14:22
Penalties — Komisarek Tor (roughing) 6:05, Boyce Tor (tripping) 7:53, Kaberle Tor, Byron Buf (unsportsmanlike conduct), Komisarek Tor, McCormick Buf (fighting) 13:09, Pominville Buf (tripping) 17:21.
Third Period
7. Toronto, Beauchemin 2 (Versteeg, Armstrong) 12:39
8. Buffalo, Vanek 19, 16:43
Penalties — None.
Shots on goal by

Toronto	10	8	7—25
Buffalo	12	18	13—43

Goal (shots-saves) — Toronto: Reimer (L,5-4-0) (30-25), Giguere (start third)(13-12); Buffalo: Miller (W,22-15-4).
Power plays (goals-chances) — Toronto: 0-3; Buffalo: 2-4.
Referees — Wes McCauley, Dan O'Rourke.
Linesmen — Pierre Racicot, Anthony Sericolo.
Attendance — 18,264 (18,690) at Buffalo.

ISLANDERS 5, SENATORS 3

First Period
1. N.Y. Islanders, Moulson 18 (Hillen, Tavares) 4:10
2. Ottawa, Neil 3 (Fisher) 4:23
3. N.Y. Islanders, Grabner 16 (Nielsen, Wishart) 9:44
4. Ottawa, Fisher 14 (Kelly, Campoli) 12:20
5. Ottawa, Kovalev 11 (Regin, Campoli) 17:11
6. N.Y. Islanders, Schremp 8 (Colliton, Wishart) 17:28
Penalties — Z.Smith Ott, Martin NYI (fighting) 3:08, Campoli Ott (hooking) 5:42.
Second Period — No Scoring.
Penalties — Tavares NYI (interference) 14:04, Kuba Ott (tripping) 15:39, Michalek Ott, Tavares NYI (roughing, roughing), MacDonald NYI (misconduct) 17:20, Phillips Ott (interference) 19:55, Lehner Ott (elbowing; served by Foligno) 20:00.
Third Period
7. N.Y. Islanders, Schremp 9 (Hamonic, Grabner) 1:39 (pp)
8. N.Y. Islanders, Nielsen 6 (Hamonic) 19:51 (en, sh)
Penalties — Karlsson Ott (delay of game) 12:09, MacDonald NYI (tripping) 18:15.
Shots on goal by

Ottawa	6	8	9—23
N.Y. Islanders	13	12	13—38

Goal (shots-saves) — Ottawa: Elliott (13-10), Lehner (L,1-2-0)(start second)(24-23); N.Y. Islanders: Poulin (W,4-2-1). **Power plays (goals-chances)** — Ottawa: 0-2; N.Y. Islanders: 1-5.
Att. — 10,415 (16,234) at Uniondale, N.Y.

BLUE JACKETS 4, OILERS 3

First Period
1. Edmonton, Paajarvi 8 (Omark, Gagner) 2:14
2. Edmonton, Penner 17 (Hemsky, Smid) 7:44
3. Columbus, Umberger 18 (Vermette, Tyutin) 14:19
Penalties — Vandermeer Edm, Dorsett Clb (slashing) 5:13, Smid Edm (high-sticking) 8:47, Voracek Clb (tripping) 10:11, Dorsett Clb (slashing) 12:09, Vandermeer Edm (cross-checking) 17:36.
Second Period
4. Columbus, Huselius 10 (Umberger, Clitsome) 14:35
Penalties — Nash Clb (goaltender interference), Brassard Clb (unsportsmanlike conduct) 3:18, Voracek Clb (hooking) 9:54.
Third Period
5. Edmonton, Paajarvi 9 (Omark, Gagner) 5:31
6. Columbus, Umberger 19 (Russell, Vermette) 13:44
7. Columbus, Huselius 11 (Umberger, Russell) 16:00
Penalty — Cogliano Edm (interference) 10:28.
Shots on goal by

Edmonton	10	8	8—26
Columbus	10	9	15—34

Goal — Edmonton: Khabibulin (L,8-24-2); Columbus: Mason (W,17-13-2). **Power plays (goals-chances)** — Edmonton: 0-5; Columbus: 0-3.
Att. — 18,370 (18,144) at Columbus, Ohio.

KINGS 4, FLAMES 3 (SO)

First Period
1. Los Angeles, Scuderi 2 (Williams, Smyth) 0:39
2. Calgary, Regehr 1 (Tanguay, Morrison) 1:21
3. Los Angeles, Brown 18 (Williams, Johnson) 6:17 (pp)
Penalty — Tanguay Cal (hooking) 5:10.
Second Period
4. Calgary, Tanguay 13 (Morrison, Iginla) 0:45
5. Los Angeles, Williams 19 (Loktionov, Brown) 11:02
Penalties — Mitchell LA (holding) 4:17, Greene LA (roughing) 7:11, Bourque Cal (hooking) 8:53, Bourque Cal (hooking) 15:15, Regehr Cal (high-sticking) 16:05.
Third Period
6. Calgary, Tanguay 14 (Morrison, Iginla) 11:15 (pp)
Penalties — Kopitar LA (holding) 10:13, Stoll LA (holding) 11:15.
Overtime — No Scoring.
Penalties — None.
Shootout — Los Angeles wins 3-2
Calgary (2) — Bourque, goal; Tanguay, goal, Jokinen, miss; Glencross, miss; Morrison, miss; Iginla, miss; Bouwmeester, miss; **Los Angeles (3)** — Handzus, goal; Stoll, goal, Kopitar, miss; Johnson, miss; Brown, miss; Doughty, miss; Williams, goal.
Shots on goal by

Los Angeles	13	15	4	1—33
Calgary	12	15	7	1—35

Goal — Los Angeles: Quick (W,24-14-1); Calgary: Kiprusoff (L,22-18-3). **Power-plays (goals-chances)** — Los Angeles: 1-4; Calgary: 1-4.
Attendance — 19,289 (19,289) at Calgary.

NFL

SUPER BOWL XLV

Last night's result
At Arlington, Texas
Green Bay (NFC) 31 Pittsburgh (AFC) 25

PACKERS 31, STEELERS 25

Pittsburgh	**0**	**10**	**7**	**8**	**—25**
Green Bay	**14**	**7**	**0**	**10**	**—31**

First Quarter
GB—Nelson 29 pass from Rodgers (Crosby kick), 3:44.
GB—Collins 37 interception return (Crosby kick), 3:20.
Second Quarter
Pgh—FG Suisham 33, 11:08.
GB—Jennings 21 pass from Rodgers (Crosby kick), 2:24.
Pgh—Ward 8 pass from Roethlisberger (Suisham kick), 0:39.
Third Quarter
Pit—Mendenhall 8 run (Suisham kick), 10:19.
Fourth Quarter
GB—Jennings 8 pass from Rodgers (Crosby kick), 11:57.
Pgh—Wallace 25 pass from Roethlisberger (Randle El run), 7:34.
GB—FG Crosby 23, 2:07.
Attendance—103,219 at Arlington, Texas.

TEAM STATISTICS	**Pit**	**GB**
First downs	19	15
Total Net Yards	387	338
Rushes-yards	23-126	13-50
Passing	261	288
Punt Returns	4-5	1-0
Kickoff Returns	6-111	3-63
Interceptions Ret.	0-0	2-38
Comp-Att-Int	25-40-2	24-39-0
Sacked-Yards Lost	1-2	3-16
Punts	3-51.0	6-40.5
Fumbles-Lost	1-1	1-0
Penalties-Yards	6-55	7-67
Time of Possession	33:25	26:35

INDIVIDUAL STATISTICS
RUSHING—Pittsburgh, Mendenhall 14-63, Roethlisberger 4-31, Redman 2-19, Moore 3-13. Green Bay, Starks 11-52, Rodgers 2-(minus 2).
PASSING—Pittsburgh, Roethlisberger 25-40-2-263. Green Bay, Rodgers 24-39-0-304.
RECEIVING—Pittsburgh, Wallace 9-89, Ward 7-78, Randle El 2-50, Sanders 2-17, Miller 2-12, Spaeth 1-9, Mendenhall 1-7, Brown 1-1. Green Bay, Nelson 9-140, J.Jones 5-50, Jennings 4-64, Driver 2-28, Jackson 1-14, Quarless 1-5, Hall 1-2, Crabtree 1-1.
MISSED FIELD GOAL—Pittsburgh, Suisham 52 (WL).

NCAA FOOTBALL

Saturday's result
All-Star Challenge
At San Antonio, Texas
Texas 13 The Nation 7

TENNIS

CANADA-SERBIA FED CUP

At Novi Sad, Serbia
(Serbia wins 3-2)
Yesterday's results — Reverse Singles
Aleksandra Wozniak, Blainville, Que., def. Aleksandra Krunic, Serbia, 7-6 (3), 6-3.
Bojana Jovanovski, Serbia def. **Rebecca Marino, Vancouver**, 6-0, 6-4.
Doubles
Tamara Curovic and Ana Jovanovic, Serbia, def. **Sharon Fichman, Toronto, and Marie-Eve Pelletier, Repentigny, Que.**, 7-6 (5), 6-4.
Saturday's results — Singles
Rebecca Marino, Vancouver, def. Aleksandra Krunic, Serbia, 6-3, 3-6, 7-5.
Bojana Jovanovski, Serbia, def. **Aleksandra Wozniak, Blainville, Que.**, 6-4, 7-5.

ATP SA OPEN

At Johannesburg, South Africa
Yesterday's results
Singles — Championship
Kevin Anderson (4), South Africa, def. Somdev Devvarman, India, 4-6, 6-3, 6-2.
Doubles — Championship
James Cerretani, U.S., and **Adil Shamasdin, Pickering, Ont.**, def. Scott Lipsky and Rajeev Ram (1), U.S., 6-3, 3-6, 10-7 tiebreak.

ATP PBZ ZAGREB INDOORS

At Zagreb, Croatia
Yesterday's results
Singles — Championship
Ivan Dodig, Croatia, def. Michael Berrer (8), Germany, 6-3, 6-4.

GOLF

PGA PHOENIX OPEN

At Scottsdale, Ariz.
Par 71 (35-36)
Partial Fourth Round
(32 players did not complete round and will finish today)

Vijay Singh	69-65-68-66—268
Nick Watney	70-66-65-68—269
J.B. Holmes	65-70-67-67—269
Brandt Snedeker	69-68-66-67—270
Webb Simpson	70-66-67-67—270
Ryuji Imada	68-67-69-67—271
Cameron Beckman	65-70-67-69—271
Brian Gay	69-68-65-70—272
D.A. Points	68-66-69-69—272
Frank Lickliter II	72-64-65-72—273
Rory Sabbatini	70-66-68-69—273
Pat Perez	69-67-67-70—273
Alex Prugh	70-67-66-70—273
William McGirt	70-65-68-70—273
Brendon de Jonge	67-72-68-66—273
Dustin Johnson	64-73-70-67—274
Charley Hoffman	65-71-68-70—274
Hunter Mahan	68-68-68-70—274
Bubba Watson	70-68-66-70—274
Lucas Glover	66-68-69-71—274
Matt Bettencourt	67-67-68-72—274
Tom Lehman	65-72-69-69—275
Charlie Wi	68-68-67-72—275
Hunter Haas	74-63-70-69—276
Justin Leonard	70-66-69-71—276
Fred Couples	67-71-67-71—276
Marc Leishman	67-69-69-71—276
Chris Kirk	66-72-73-65—276
Jimmy Walker	69-68-71-69—277
Brian Davis	70-68-69-70—277
Brendan Steele	72-65-71-70—278
John Rollins	73-65-73-67—278
Martin Piller	72-66-68-72—278
Jeff Maggert	70-66-73-70—279
Bill Lunde	69-68-70-73—280
Jarrod Lyle	70-67-73-71—281
Bryce Molder	70-68-70-73—281
Robert Allenby	68-67-71-75—281
Jason Bohn	65-73-70-73—281
Stephen Ames	**70-68-68-75—281**
Tom Gillis	65-71-72-74—282
Michael Putnam	71-67-70-74—282
Andres Romero	72-66-67-78—283
Brett Wetterich	68-70-71-74—283

WOMEN'S AUSTRALIAN OPEN

At Melbourne, Australia
Par 73
Final Round

Yani Tseng	70-67-68-71—276
Melissa Reid	70-73-72-68—283
Ji Eun-hee	69-70-70-74—283
Jiyai Shin	67-72-69-75—283
Jennifer Song	67-73-74-71—285
Sandra Gal	72-71-70-73—286
Karrie Webb	72-71-74-70—287
Cindy LaCrosse	72-68-73-74—287
Katherine Hull	73-71-67-76—287
Karen Stupples	70-76-74-68—288
Nikki Campbell	69-72-72-75—288
Ryu So-yeon	72-69-75-73—289
Lydia Ko	73-73-68-75—289
Mariajo Uribe	72-70-70-77—289

EUROPEAN PGA QATAR MASTERS

At Doha, Qatar
Par 72
Final Round

Thomas Bjorn	74-65-66-69—274
Alvaro Quiros	75-69-68-68—278
Markus Brier	71-66-69-73—279
Rafael Cabrera-Bello	77-68-66-68—279
David Howell	75-69-68-68—280

CURLING

CANADIAN JR CHAMPIONSHIP

At Calgary
Men
Yesterday's results
Semifinal
Ontario (Camm) 6 Newfoundland & Labrador (C.Thomas) 4
Championship
Saskatchewan (Moskowy) 8 Ontario (Camm) 7 (extra end)
Women
Saturday's results
Semifinal
Saskatchewan (Paulsen) 7 Manitoba (Meakin) 6
Championship
Saskatchewan (T.Paulsen) 6 Alberta (Chyz) 4

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Boston	38	12	.760	—
d-Miami	37	14	.725	1½
d-Chicago	34	15	.694	3½
Atlanta	33	18	.647	5½
Orlando	32	20	.615	7
New York	26	24	.520	12
Philadelphia	23	27	.460	15
Indiana	21	27	.438	16
Charlotte	21	29	.420	17
Milwaukee	19	30	.388	18½
Detroit	19	32	.373	19½
New Jersey	15	37	.288	24
Toronto	14	37	.275	24½
Washington	13	37	.260	25
Cleveland	8	43	.157	30½

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	42	8	.840	—
Dallas	35	15	.700	7
d-L.A. Lakers	35	16	.686	7½
d-Oklahoma City	33	17	.660	9
New Orleans	32	20	.615	11
Denver	30	21	.588	12½
Utah	30	22	.577	13
Portland	27	24	.529	15½
Memphis	27	25	.519	16
Phoenix	23	25	.479	18
Houston	24	28	.462	19
Golden State	22	27	.449	19½
L.A. Clippers	19	31	.380	23
Sacramento	12	35	.255	28½
Minnesota	11	39	.220	31

d – division leader
Yesterday's results
Boston 91 Orlando 80
Indiana 105 New Jersey 86
Miami 97 L.A. Clippers 79
New York 117 Philadelphia 103
Saturday's results
Atlanta 99 Washington 92
Dallas 101 Charlotte 92
Denver 113 Minnesota 100
Detroit 89 Milwaukee 78
Golden State 101 Chicago 90
Houston 95 Memphis 93 (OT)
L.A. Lakers 101 New Orleans 95
Oklahoma City 121 Utah 105
Portland 111 Cleveland 105
Tonight's games (all times Eastern)
Boston at Charlotte, 7 p.m.
L.A. Lakers at Memphis, 8 p.m.
Minnesota at New Orleans, 8 p.m.
Cleveland at Dallas, 8:30 p.m.
Houston at Denver, 9 p.m.
Chicago at Portland, 10 p.m.
Utah at Sacramento, 10 p.m.
Phoenix at Golden State, 10:30 p.m.

TRANSACTIONS

NHL

COLORADO AVALANCHE — Signed C Peter Forsberg.

LACROSSE

NLL

EAST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Toronto	6	4	2	.667	69	59	—
Buffalo	5	3	2	.600	53	50	½
Rochester	5	3	2	.600	49	54	½
Boston	7	4	3	.571	64	53	½
Philadelphia	6	3	3	.500	52	56	1

WEST DIVISION

	GP	W	L	Pct.	GF	GA	GB
Calgary	6	4	2	.667	71	69	—
Minnesota	5	3	2	.600	58	52	½
Washington	6	3	3	.500	69	72	1
Colorado	5	1	4	.200	47	51	2½
Edmonton	5	0	5	.000	44	59	3½

Saturday's results
Boston 9 Toronto 7
Rochester 11 Philadelphia 6
Washington 10 Colorado 8
Friday's result
Buffalo 15 Minnesota 12

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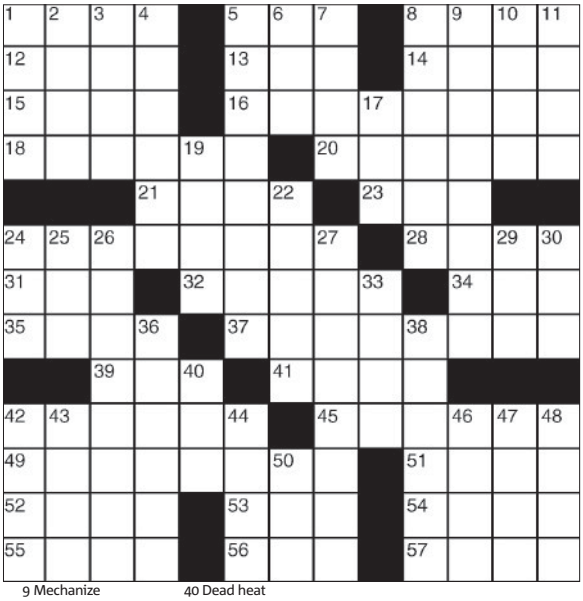

Across

1 Mates of ahs
5 Civil War soldier
8 Suitcases
12 Voting coalition
13 Right angle
14 Modern-day coin
15 Smell
16 Highly rated
18 Igloo dweller
20 Bury
21 One of Henry VIII's Catherines
23 Pick a target
24 Unfaithful one
28 Exceptional
31 Water (Fr.)
32 Pastoral tribe of Kenya
34 2,000 pounds
35 Bohemian
37 Bicycle type
39 Suitable
41 Outside (Pref.)
42 Perfect place
45 Zooming vehicle
49 Old British coin
51 45-Across, for one
52 Duel tool
53 "— Town"
54 Fit of peevishness
55 Carousel, e.g.
56 Ultra-modernist
57 Pianist Dame Myra

Down

1 Reed instrument
2 Bygone car maker
3 Fisherman's item
4 Scenario
5 Alter a disc, maybe
6 "Xanadu" band's initials
7 Green minus yellow
8 Rouse to action
9 Mechanize
10 Metric measure
11 Take up like a sponge
17 Genetic abbr.
19 Cripple
22 View anew
24 Afternoon affair
25 Armed conflict
26 Was cleverer than
27 Cattle farm worker
29 Shad product
30 Conclusion
33 Analogy phrase
36 "Whee!"
38 Soap ingredient
40 Dead heat
42 Addict
43 Conical tent (Var.)
44 In due time
46 Mysterious letter
47 Elevator man
48 Connect the —
50 Poolroom stick

▶ Yesterday's answer

Sudoku

	9	5		7				8
	8					4		
6		2		1	9			
		4	6			9		
			9		7			
		1			5	7		
			7	6		1		3
		7					5	
4				3		6	2	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

1	7	2	5	9	4	6	3	8
8	3	6	7	2	1	9	5	4
4	5	9	8	6	3	2	7	1
7	9	3	6	1	8	5	4	2
5	2	4	9	3	7	1	8	6
6	8	1	2	4	5	7	9	3
3	6	5	4	7	2	8	1	9
9	1	8	3	5	6	4	2	7
2	4	7	1	8	9	3	6	5

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Andia, You are the best gift I have ever received! Thanks for being with me in every second of this beautiful life Aroosakam!
MEHRANET

Chemoud, Who knew a year would go by this quickly? I love you so much and I can't wait to spend more and more time with you and fall even more in love with you. Always and only yours!! **BEC BEC**

Today 1°/-13° Flurries 60%
Tuesday -9°/-12° Partly cloudy
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Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 If you try to make the facts fit the conclusions you have already reached you will find yourself in trouble very quickly. Not everyone is as gullible as you sometimes like to think

♉ Taurus April 21-May 21 You seem to be extremely popular at the moment, and long may it continue, but could it be that some people are flattering you in the hope that they might get something out of it?

♊ Gemini May 22-June 21 You have never been one to follow the herd and you are not about to start now. The more others urge you to believe what everyone else believes the more you will resist the pressure to conform.

♋ Cancer June 22-July 22 Your thinking seems to be a bit confused at the moment, so don't put too much trust in what your mind tells you.

♌ Leo July 23-Aug.23 You may be supremely confident of your abilities but even a Leo needs a helping hand once in a while – and you'll need it today. Don't just sit there looking pathetic hoping that someone will notice your plight.

♍ Virgo Aug. 24- Sept. 22 You may be good at keeping secrets but you are also tempted to use what you know about a certain person to further your own interests.

♎ Libra Sept. 23-Oct. 23 There are occasions when telling the truth can cause more problems than it solves. Before you open your mouth today ask yourself if a friend really wants to know what is going on behind their back.

♏ Scorpio Oct. 24-Nov. 22 What seems like a nailed on fact early in the day may turn out to be a fantasy later on, so be careful what you allow yourself to believe. Just

♐ Sagittarius Nov. 23-Dec. 21 You may be tempted to dabble in something that promises big rewards for a relatively small risk, but is that really such a great idea?

♑ Capricorn Dec. 22-Jan. 20 What you hear today is only half what you need to know before you are in a position to make a decision, so don't let others pressure you into choosing too soon.

♒ Aquarius Jan. 21-Feb. 18 A friend's ailment will remind you that health is precious and must be looked after. Start the week slowly and don't do anything risky.

♓ Pisces Feb. 19-March 20 Before agreeing to a deal or signing a contract make sure you will be able to deliver on time. If you are not 100 per cent certain you can do that it might be best to give it a miss.

SALLY BROMPTON

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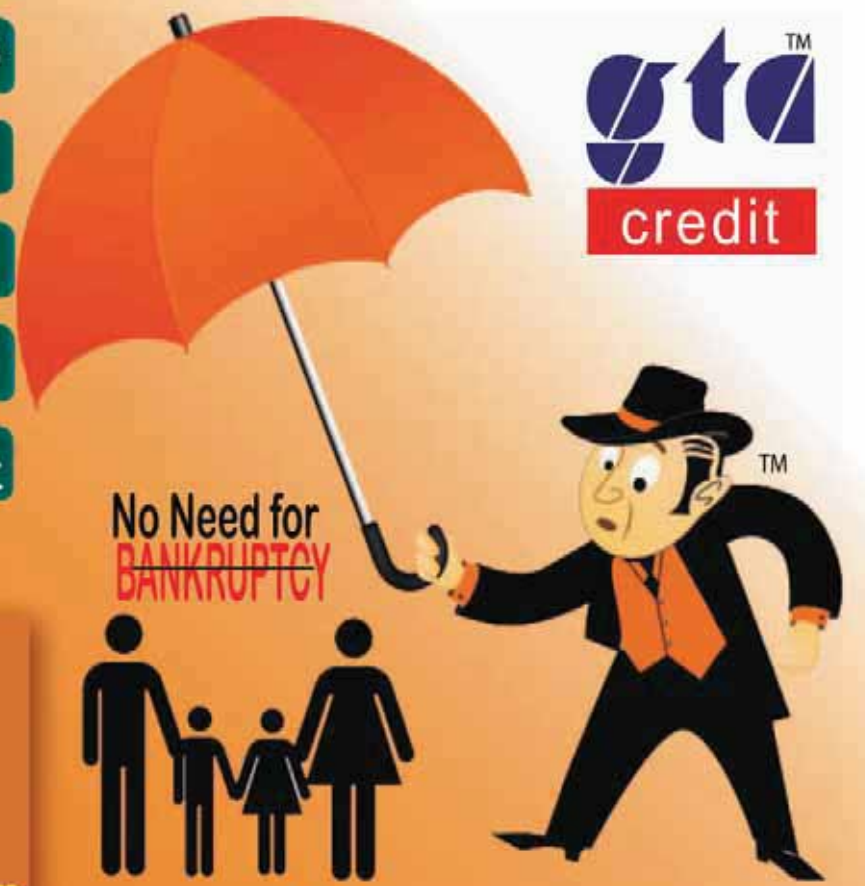

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